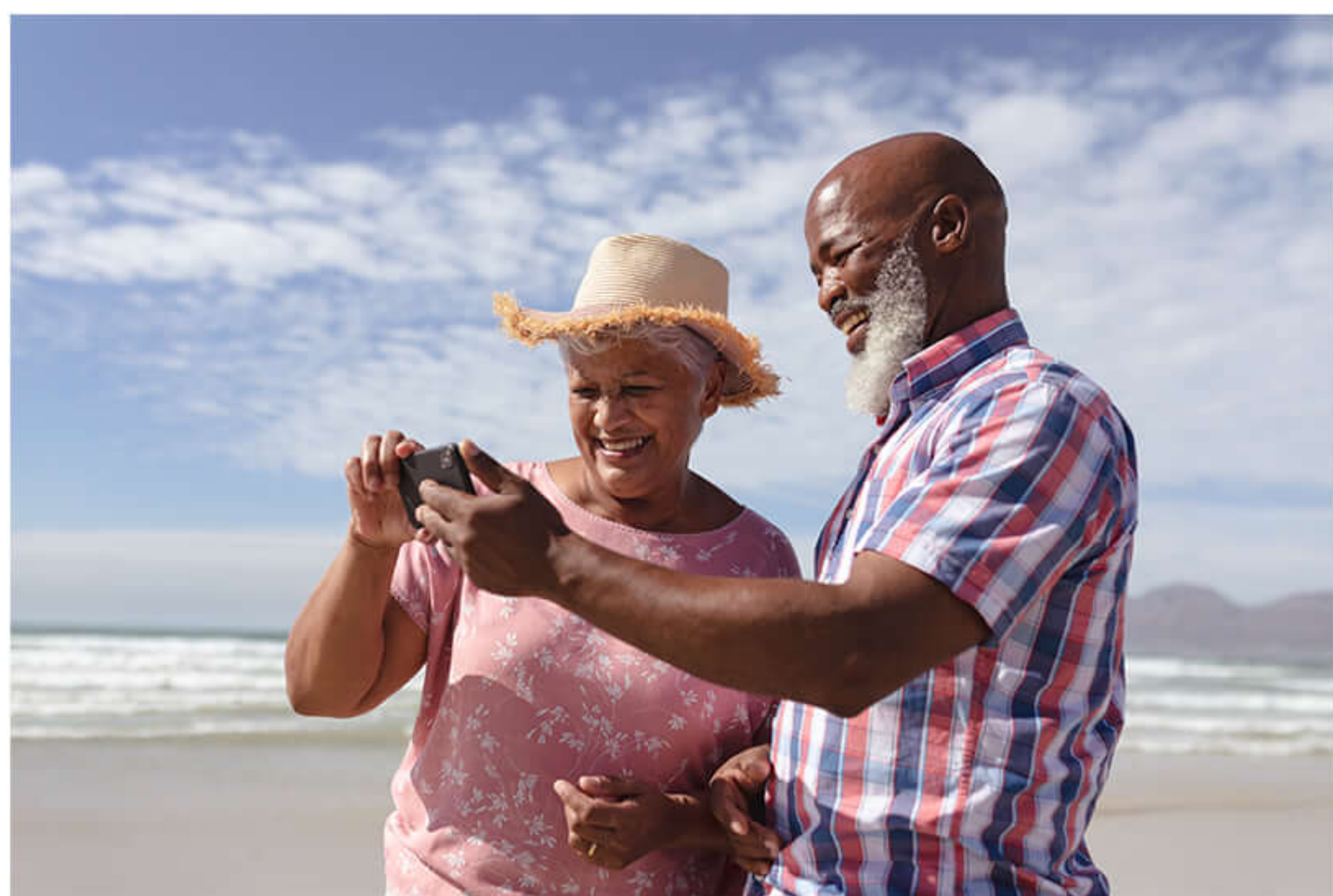




OVARIAN & PROSTATE CANCER

Awareness Month



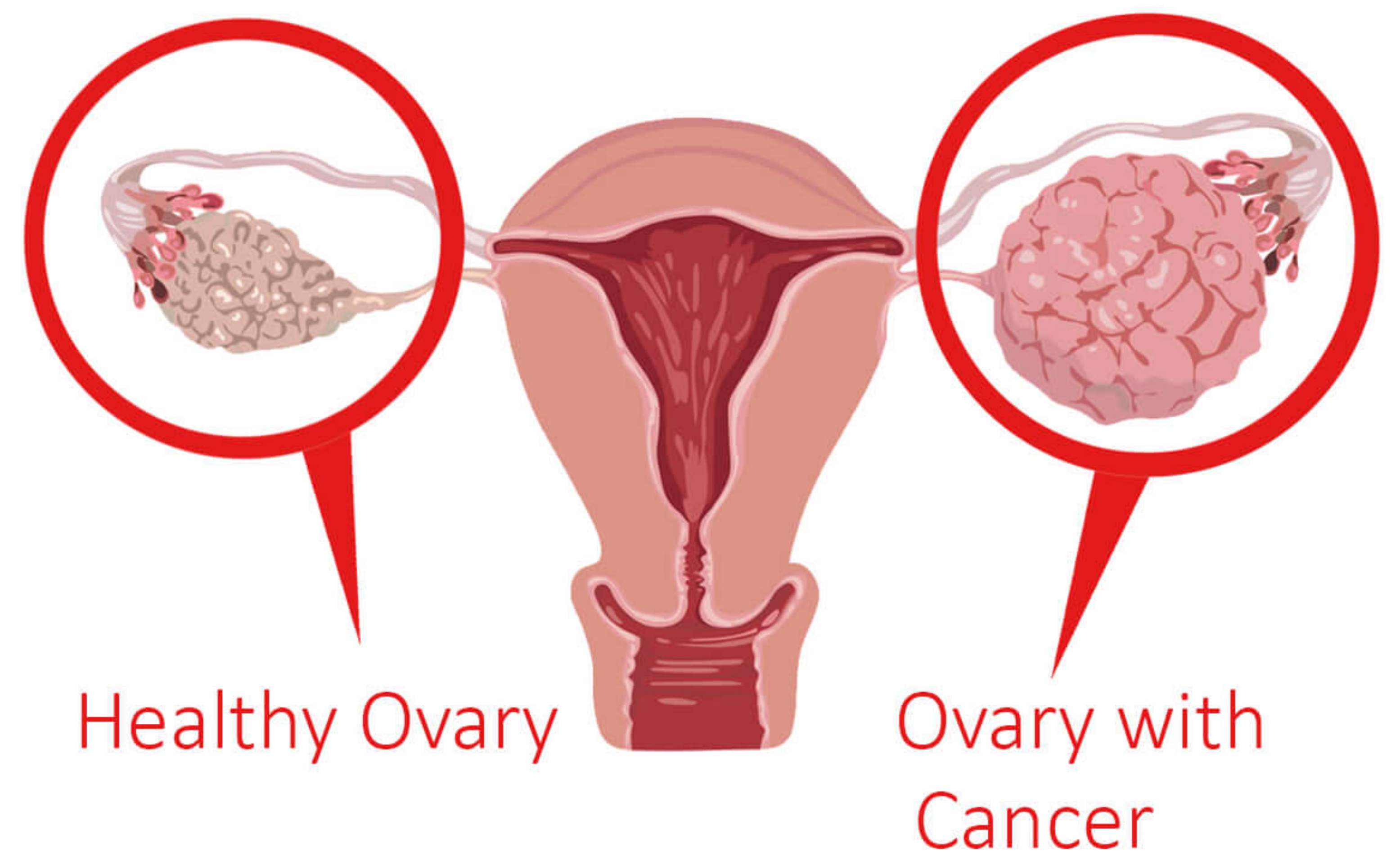
SIGNS & SYMPTOMS OF OVARIAN CANCER

Ovarian cancer is a group of diseases that originates in the ovaries, or in the related areas of the fallopian tubes and the peritoneum.

When ovarian cancer is found in its early stages, treatment works best. Ovarian cancer often causes signs and symptoms, so it is important to pay attention to your body and know what is normal for you. **Symptoms may be caused by something other than cancer, but the only way to know is to see your doctor, nurse, or other health care professional.**

Ovarian cancer may cause the following signs and symptoms:

- **Vaginal bleeding or discharge** (not normal discharge particularly if you are past menopause)
- **Pain or pressure in the pelvic area**
- **Abdominal or back pain**
- **Bloating**
- **Feeling full too quickly, or difficulty eating**
- **More frequent or urgent need to urinate and/or constipation**



FACTORS THAT INCREASE YOUR RISK OF OVARIAN CANCER

There is no way to know for sure if you will get ovarian cancer. Most women get it without being at high risk. However, several factors may increase a woman's risk for ovarian cancer, including:

- Being overweight or obese
- Having children later or never having a full term pregnancy
- Taking hormone therapy after menopause
- Smoking
- Using a fertility clinic
- Having a family history of cancer

If one or more of these factors is true for you, it does not mean you will get ovarian cancer. But you should speak with your doctor about your risk. If you or your family have a history of ovarian cancer, also speak to your doctor about genetic counseling.



SYMPTOMS OF PROSTATE CANCER

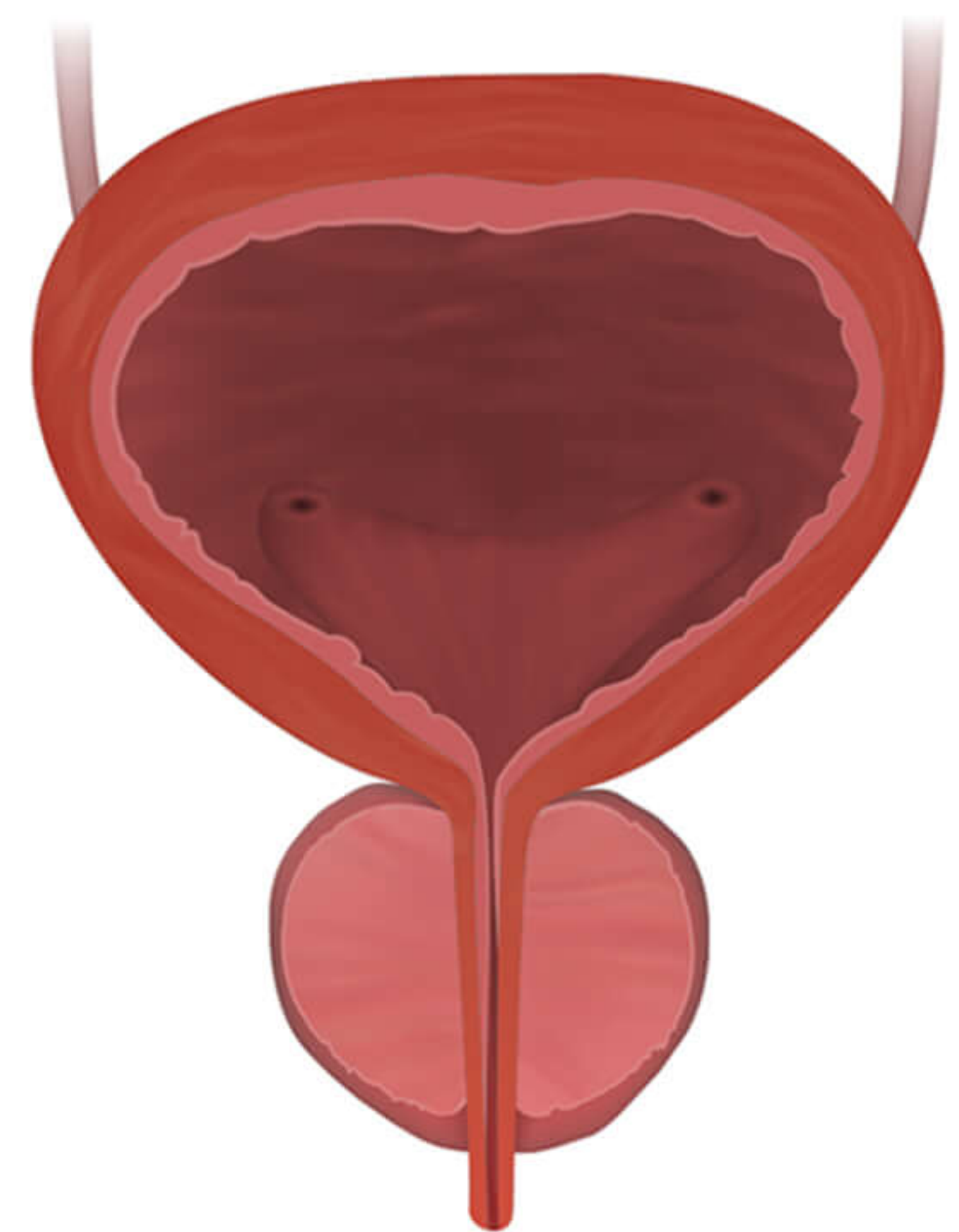
Different people have different symptoms for prostate cancer. Some men do not have symptoms at all.

If you have any of the following symptoms, be sure to see your doctor right away:

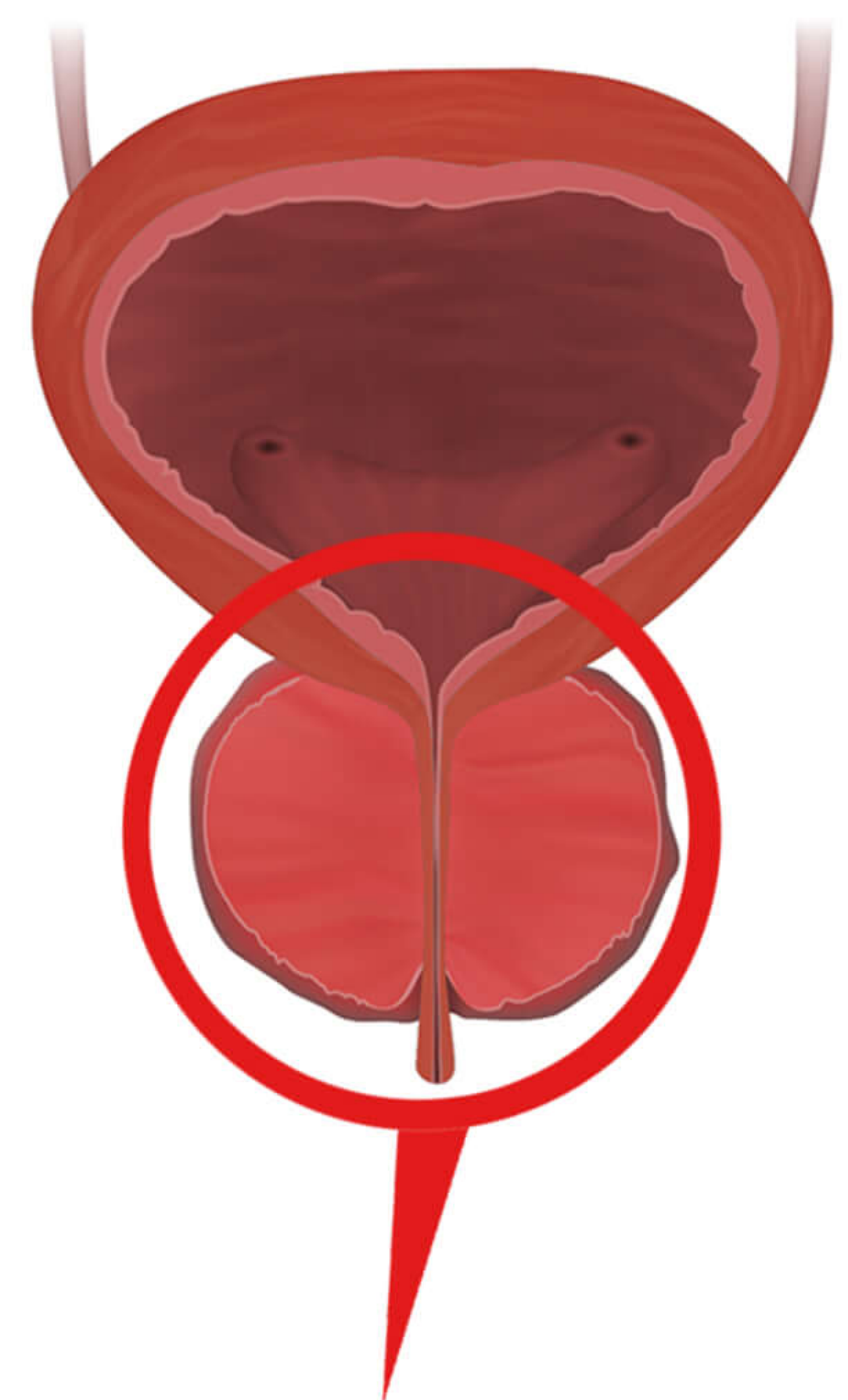
- Difficulty starting urination
- Weak or interrupted flow of urine
- Urinating often, especially at night
- Trouble emptying the bladder completely
- Pain or burning during urination
- Blood in the urine or semen
- Pain in the back, hips, or pelvis that doesn't go away
- Painful ejaculation

Keep in mind that these symptoms may be caused by conditions other than prostate cancer. Please consult your physician if you are having any discomfort of any kind.

Healthy prostate gland



Prostatitis



Enlarged prostate with cancer